



GMS WEEKLY

NEWSLETTER #3

September 25, 2023

MESSAGE FROM MRS. JOHNSON -

It's great to see so many middle school students out for sports. There are 50 students playing either soccer, football or volleyball - plus a few running cross country. Reminder student athletes need to have passing grades (60% a D-) in all classes to participate in sports.

This week After School Clubs are starting. They are Tuesday and Thursday. If your child wanted to join one or more, they should have turned in their permission slip by last Friday. If they forgot or decide they want to join late, that is ok. They can get a permission slip from the office.

Make sure you read all the way through the information - Each week we will add a note from our counselor, Ms. Aloha at the bottom.

Please feel free to contact me at any time if you have a question or concern. Here is my email address: toni_johnsongervais.k12.or.us or phone number at GMS 503-792-3803 ext. 2020.

Proud to be a Wolverine!

Mrs. Johnson

IMPORTANT UPCOMING DATES: September 25-29

- Monday, Sept. 25 - Regular Schedule / Dismissed @ 3:00
 - Home volleyball game in the gym against Jefferson @ 4:00 pm
 - Home soccer game vs WVC at 4:00 pm.
- Tuesday, Sept. 26 - Regular Schedule /Dismissed @ 3:00
 - Home Football Game vs Blanchet at 5:00 pm
- Wednesday, Sept. 27 - Early Release Schedule / Dismissed @ 1:00 pm

- Home volleyball game vs Western Christian at 4:00.
 - Away football game at Blanchet at
 - Thursday, Sept. 28 - Regular Schedule / Dismissed @ 3:00
 - Friday, Sept. 29 - Regular Schedule / Dismissed @ 3:00
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WEEKLY ACTIVITIES/UPDATES FOR September 15-29

- **After School Clubs:**
 - A permission slip with the After School Club options was given to the students last week. All the clubs are free. They run Tuesday or Thursday from 3:10 - 4:15. They will get a snack and then start the club. There is a bus to take students home that leaves at 4:20 from the school.

- **Notes From Ms. Aloha:**

National Hispanic American Heritage Month and Mental Health

September/October is National Hispanic American Heritage Month. GMS honors the cultures and contributions of both Hispanic and Latino Americans as we celebrate Hispanic an

Latino music (chosen by students) during passing time in the hallways. Students and staff are singing and dancing in the halls.

As we celebrate this, please know that within the Latino community, there are many barriers that prevent them from obtaining mental health treatment. Those barriers include stigma, health care coverage, and language barriers. The GMS staff would like to help lessen those barriers and provide guidance and resources in seeking mental health services. Please don't hesitate in reaching any GMS staff members for more information. If you have any questions, please email me at: aloha_yoshinaga@gervais.k12.or.us or call 503-792-3803 x2024.