



# College & Career Readiness Handbook

Gervais High School  
2020-21'

**Our Mission**

***We, with the involvement of our culturally rich community, will provide a creative, enriching and safe environment, which instills a desire to become a life-long learner and a responsible citizen.***

**Student Mission**

***Growing Individually, Helping Our Community, Supporting Lifelong Learning.***

**Student Personal Goals**

***Be Yourself,***

***Find Your Niche,***

***No One Eats Alone,***

***Post Positive***

***Contact Information:***

***Ms. Kate Talbot ~ College & Career Coordinator***

***kate\_talbot@gervais.k12.or.us***

***(503) 792-3803 x3148***

***~***

***Mrs. Sara Broadhurst ~ Counselor***

***sara\_broadhurst@gervais.k12.or.us***

***(503) 792-3803 x3024***

# Freshman Year

Things to keep in mind:

- Create a PEP plan
- Establish good study habits
- Ask questions!
- Complete 20 hours of community service
- Discover the available CTE programs: Agricultural Science and Technology, Health Science, Construction Technology, Visual Arts
- Meet with your counselor, Mrs. Broadhurst
- Get involved in extracurricular activities
- Focus on your grades. Having a good GPA (grade point average) will keep your college/career options more open!



# Sophomore Year

Things to keep in mind:

- Stay committed to your grades and to graduating
- If you haven't yet, this is the year to get involved in CTE!
- Take the YouScience aptitude assessment
- Update your PEP plan
- Complete 30 hours of community service
- Take the PSAT in October
- Participate in clubs, sports, and volunteer (this will help you get scholarships!)
- Start thinking... university, community college, trade program?



# Junior Year

Things to keep in mind:

- Meet with your counselor, Mrs. Broadhurst, to make sure you are on track to graduate
- Look into taking College Credit Now (CCN) or Dual Credit classes
- Update PEP plan
- Complete 30 hours of community service
- Retake the PSAT
- Take the SAT or ACT in the spring
- Create a list of potential colleges, trade schools, & apprenticeships
- Request information from colleges and schedule campus tours
- Become familiar with college admission requirements
- **Attend college and career fairs**



# Senior Year

Things to keep in mind:

- Keep your grades up and finish strong!
- Complete 40 hours of community service
- Take the SAT or ACT and send scores to your top colleges
- Finalize your college list, understand admission requirements, and plan for deadlines
- Write college admission essays
- Request high school transcripts
- Apply to colleges & universities, trade programs, and apprenticeships
- Take the YouScience aptitude assessment again & complete PEP plan
- **Attend the fall or spring Financial Aid Night & complete the FAFSA and/or ORSAA application**



# Financial Aid

## **FAFSA & ORSAA**

- Opens October 1st every year
- Deadline June 30th
- Fill out the FAFSA if you are a U.S. Citizen
- Fill out the ORSAA if you are an Oregon resident who has undocumented status, Deferred Action for Childhood Arrivals (DACA) status, and/or Temporary Protected Status (TPS)
- Visit: [oregonstudentaid.gov](https://oregonstudentaid.gov)

## **Oregon Promise Grant**

- Tuition assistance for up to 90 college credits
- Open October 1—June 30
- Minimum 2.50 GPA

## **Oregon Opportunity Grant**

- Needs based grant given on a first come, first serve basis when you file your FAFSA

# Scholarships

## Where to find scholarships:

- GHS College & Career Information Website
- OSAC Scholarship Catalog
- FastWeb Scholarship Directory
- College Board
- Oregon Community Foundation
- Scholarship bulletin board by the counseling office
- **Search internal scholarships at the college or university that you plan on attending.**
- **Reach out to Ms. Talbot and Mrs. Broadhurst about local & community scholarships.**





## Scholarships

### **Improve your chances at getting a scholarship...**

1. The harder the application, the fewer applications they receive... giving you a higher chance at earning the scholarship.
2. Use filters and keywords to find the scholarships that best fit your qualifications, experiences, background, or unique interests.
3. Look beyond your GPA and think about what special skills or talents you have.
4. Scholarships with smaller rewards typically have fewer applicants, giving you a higher chance of winning. The smaller rewards add up quickly and can help cover living expenses and books!

# Career & Technical Education

CTE

*Get better prepared for a successful transition into a postsecondary program by joining one of the CTE pathways offered at Gervais High School.*



## Construction Technology Program

Mr. McCargar

- Gain knowledge of basic building and construction techniques
- Complete hands-on woodworking and construction projects
- Attend career fairs and site visits focused on construction and engineering



## Agricultural Science and Technology/FFA

Mrs. Dilson

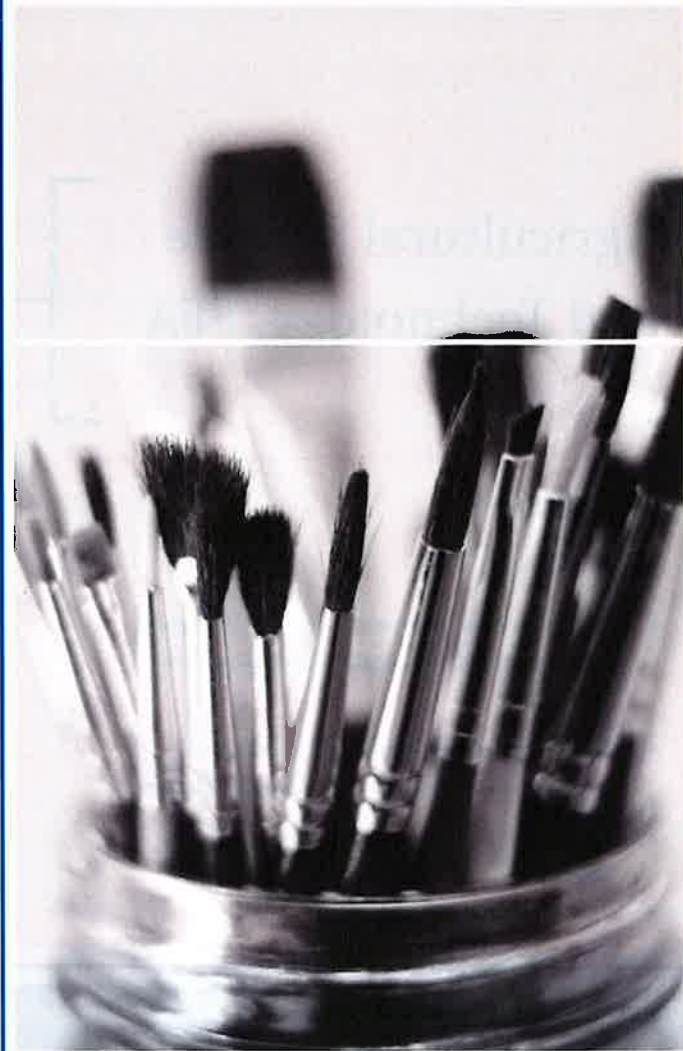
- Opportunities to compete , travel, and apply skills to real life application outside of the classroom
- Leadership development by becoming a member or running for chapter office in FFA
- Head start on college —18 college credits available



## Health Science Program

Ms. Bettis

- Learn about anatomy, physiology, and medical terminology of the human body
- Hands-on learning though anatomical dissections, suture clinics, Basic Life Support, & First Aid training
- Opportunities to attend career fairs, college tours, and healthcare facility tours



# Visual Arts Program

Ms. Orschel

- Learn industry standards in graphic design, bring your own creativity to life, and make custom t-shirts and posters for the school & community
- Get involved in the community and earn community service hours with photography
- Join competitions and get recognized for your art

***Learn more about our CTE programs on  
the GHS College & Career Information  
website.***

# Resources

**Visit the College & Career Information Website for a list of resources covering:**

- **College**
- **Career**
- **Military**
- **Volunteer Opportunities**
- **Current Available Jobs**

**Scan here to visit the College & Career Information website:**



**Or visit: <https://sites.google.com/view/ghs-college-and-career/>**

