



Indoor/Outdoor Full Contact Sports Opt-In Form

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor/outdoor full contact sports for the 2020-21 school year in accordance with the Oregon Health Authority's Sector Guidance – Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

In Lower Risk and Moderate Risk counties, practices and games for indoor/outdoor contact sports can resume following health and safety guidance to be issued by the Oregon Health Authority.

In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming indoor/outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Gervais High School
Key Contact Person for this Plan	Tim Bowman/ Traci Riches
Phone Number of this Person	503 792 3803 x 3111/2110
Email Address of this person	tim_bowman@gervais.k12.or.us traci_riches@gervais.k12.or.us
Specify Indoor/Outdoor Full Contact Sports Included in this Plan	Basketball/Wrestling
Intended Starting Date for this Plan Update	May 10, 2021

School Instructional Model

OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

Plan Details for School Instructional Model

All buildings are in Hybrid

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Designated staff will be notified when it is reported that a staff member or student is experiencing symptoms consistent with COVID-19. Symptoms can include, but not limited to cough, fever of 100.4 degrees F or higher, chills, shortness of breath, or a new loss of taste or smell.

Designated staff member will perform COVID-19 testing on symptomatic staff or student using the Abbott BinaxNow rapid testing kit. Note that any staff or student who is symptomatic despite a negative COVID-19 test must leave school immediately and cannot return until allowed by the RSSL guidance. Also, any cohorts exposed to COVID-19 and quarantined can be tested on day 5 through 7 following exposure may be used to facilitate early release from quarantine after day 10 when recommended by the local public health authority with a negative test result and are symptom-free. **UPDATE: Beginning April 25, 2021, OHA is recommending a 14-day quarantine for all unvaccinated contacts in all settings. A shortened quarantine exception is only an option when needed to address staffing shortages for essential services (healthcare, infrastructure). Vaccinated persons with an exposure to someone with a suspected or confirmed COVID-19 are not required to quarantine IF they are fully vaccinated (i.e., at least 2 weeks following receipt of second dose in a 2-dose series, or at least 2 weeks following receipt of one dose of a single dose vaccine; AND have remained asymptomatic since the current COVID-19 exposure**

Staff member will test the symptomatic person in the designated testing area. Testers will be wearing appropriate PPE washing hands before and after testing. All tests will be logged and results reported to required agencies daily and any tests with a positive result will be reported immediately.

Staff who are designated testers will receive appropriate training by District Nurse and will contact District Nurse with any questions or concerns immediately. Testers will also ensure a

consent form that has been signed by student parent/guardian is on file prior to testing. Staff members are not required to have a consent form on file as they may give verbal consent to testing.

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each indoor/outdoor contact sports practice and contest.
- Detail your school's specific plans to meet this requirement.
- Sample contact tracing forms:
 - [COVID Monitoring Form: Excel](#)
 - [COVID Monitoring Form: PDF](#)

Plan Details for Contact Information for Contact Tracing

Coaches ask each individual participant the questions on the COVID Monitoring Form prior to each workout/practice. This is forwarded to GHS office where it is filed for future reference.

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to indoor/outdoor fullcontact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

Plan Details for Student-Athlete Waiver

Each student has a waiver signed by their parents on file prior to any athletic activity with Gervais High School: