

Gervais Intermural Cocurricular Athletic Policies Grades 6-8

Introduction

These program statements are to serve those who have the responsibilities in connection with the administration of the athletic program at the 6th - 8th grade level in the Gervais School District. The regulations on the following pages are not meant to restrain those persons affected, but to enable the staff to function with confidence in their area of responsibility.

Philosophy

The cocurricular athletic program is but one phase of the total educational program and is designed to contribute to the educational objectives, produce carry-over values, and help fulfill the personal needs of the students.

It is the purpose of our coaches to teach knowledge and skills of the game, to teach fair play and good sportsmanship, to take all safety precautions necessary, to make the sport as enjoyable as possible, and to aid the development of the athletes toward being leading citizens.

Our athletic program recognizes winning as an important part, but to win at any cost, disregarding rules, fair play and good sportsmanship is not part of the program.

The interscholastic athletic programs are designed for: the physical growth and development, good physical condition, healthful habits, efficient team work, proper standards of conduct, desirable citizenship and a loyal attitude toward team, school and community.

Student Eligibility

Students in grades 6-7-8 and are within the Gervais School District are eligible for participation. It is the philosophy of this school district that all participants in athletics be in good physical health. Pursuant to this, it shall be required that all participants in athletics that compete against other schools (intermural sports) furnish evidence of their physical well beings prior to participation.

1. Proof shall consist of a statement from a physician stating that he/she examined the student and found him/her physically fit. These statements will be required a minimum of every other year, starting in seventh grade and no student is to participate with a statement older than two years.
2. All incoming students participating in athletics will provide proof of their physical well-being prior to participation in any games.
3. Any student absent from school three consecutive days, because of illness or injury, shall not be

allowed to participate for 5 calendar days following the last day of absence. Release from a physician's care (must be in writing) may waive the 5 day period.

4. Any student sustaining a serious injury or illness shall be required to submit proof of their physical well being before being allowed to continue with their participation.
5. The coaches, cocurriculum director, principal or superintendent may, at their discretion, extend waiting periods and require physical examinations of any student participating in athletics.

Athletic Insurance

Any student who wishes to participate in cocurricular athletics must provide proof that they have insurance. Oregon School Activities Association insurance can be purchased through our school office.

An insurance claim form must be filled out by the coach and participant not later than 24 hours after the accident. Whenever possible, the form should be completed immediately.

Transportation

The cocurriculum director will make all arrangements for athletic travel. School buses or other school transportation will be used on all trips whenever possible.

Parents should either pick up their son/daughter after they return from an away game or make arrangements for their child's transportation to get home. Parents wishing to take their students home from away games need to sign the students out so coaches can keep track of which students have left already. If a student is to ride home with another adult, the coach needs to know about this request in writing.

Coaches are not required to take students home either after practices or games.

Conduct of Traveling Squad

The coaches are responsible for all conduct and appearance of players under their supervision on traveling trips. When bus transportation is used, participants are required to ride the bus both to and from the game. Exceptions to this rule may be made at a parent's request in person.

Scheduling

All games and athletic contest scheduling will be completed by the cocurriculum director with the approval of the administration. No scheduling will be done except in this manner.

Athletic Equipment

One of the most important phases of athletics is the equipment worn by players. Each participant will be responsible for all equipment checked out to him, and to its return at the end of the season.

Athletic Excuses

The excusing of athletes for participation during the school day should be discouraged. However, when such an absence from classes is necessary, the athletes are to be fully informed, by their coach, of the following obligations:

1. Current class assignments must be handed in before departure.
2. They must be prepared for full participation in class work on the day of return to class. (This includes advance written assignments.)

The excusing of athletes for participation during school time must be approved by the school administration prior to excusing the students. A list of every student to be excused must be in the mailbox of each teacher by first period on the day of the anticipated absence.

Participation

The following regulations pertain to athletic participation:

1. Athletes must meet all eligibility requirements set by Gervais School District and individual buildings.
2. Pilferage will result in expulsion from the squad. Proper restitution will be according to school district policy.
3. In order to participate in practice or contests, the participant must be in school attendance all day of such practice or contest. Any exception must be cleared through the building principal. Exceptions excusable will be such as medical, dental, funeral, or prearranged at school.

Listed below are the Athletic Regulations of the Gervais School District. All students should be aware of these regulations.

1. General athletic rules.
 - a. Athletes must be in school all day on the date of an athletic event or have an administrative excuse.
 - b. Athletes must be passing in all of their classes.
 - c. All athletes must abide by the regulations set forth by the Gervais School District.

2. Dismissal from a specific sport.
 - a. Any disciplinary referral resulting in in-school or out-of-school suspension.
 - b. Use of profane language.
 - c. Cutting of classes.
 - d. Any act that brings discredit to the school, team or coaching staff either in or out of school.

General Athletic Regulations

1. No games, practices, equipment issued, or any other athletic activity will be held on Sunday or holidays.
2. No athletic practices of any kind can be held until after school hours unless approved by the administration.
3. Coaches are to remain in the activity area until all athletes leave and must remain in the dressing room until all athletes are dressed and have left the premises.

Head Coaches Duties

Determine the system of play to be used in the 6th - 8th grade.

Be responsible for scheduling of practice sessions with due consideration to cooperation with the rest of the coaching staff and the welfare of the participants. Practices are to be held on a regular basis with a minimum of two (2) practices a week when games start and four (4) practices a week before games start unless prearranged by the administration.

Make recommendations to the cocurriculum director in matters of scheduling and financing.

Cooperate with all other coaches in providing the best sports program possible under existing conditions.

See that all purchases of equipment are directed through the cocurriculum director.

See that the physical plant of his/her particular sport is prepared for home events.

See that all personnel involved in home events are assigned. (This does not include paid personnel.)

Be responsible for the care of equipment, supplies, and plant in his/her particular area and submit an inventory for the sport immediately following the close of the season.

Be responsible for the conduct of all players and managers under his/her jurisdiction.

Encourage good sportsmanship, fair-play, ethical conduct, good scholarship, and desirable pupil-teacher relationship.

Thoroughly explain eligibility requirements and the operation of the insurance program to all squad members prior to each sport.

See that NO participant plays in any games until he/she receives a physical examination by a certified MD.

Completely fill out all injury report forms and return to the pupil involved as soon as possible. A copy of this must be filed at the office.

Be responsible for the marking of all equipment issued to his/her team.

Inventory all equipment received.

Supervise locker rooms, and remain in locker rooms until all participants have left the area. If coaches cannot remain in locker rooms, they are to check them as soon as possible.

See that all participants are in school the day of a game.

Turn in the following to the cocurriculum director and building principal:

- a. A squad roster with all necessary personal data at least one week before that first game (number, age, height, weight, position, experience) and correct later as necessary.
- b. Develop a recognition system following the season. Encourage participants to dress neatly and wear proper dress in school and on trips.

Policy for Handling Athletic Injuries

Although the playing and winning of athletic contests is an important part of the school activities program, the prime concern of the school in this program is for the welfare of the students involved. The health and well-being of students must be protected by school staff, and certain specific responsibilities rest with those persons coaching and supervising school activities. With this in mind, the following procedures shall be implemented by staff responsible for athletic activities.

Procedures for Dealing with Injuries

1. Student should be attended to on the field or court immediately upon receiving injury, by coach or assistant.
 - a. If conscious, student should be questioned on nature of injury. Do not move the injured person until the following procedure is completed:
 - (1) Locate injury;
 - (2) Dull or sharp pain;
 - (3) Check eyes for dilation;
 - (4) Have student breath deep and slow to relax;
 - (5) Keep the rest of the team away from injured.

- b. If unconscious, call 911. Do not move until qualified personnel are available to help put on stretcher.
2. Anytime there is an injury causing a time-out, the injured person will be taken out of the game until the coach and player agree he is ready to participate again. If there is any doubt in the coach's or student's mind, the injured player will not play.
3. The injured student should be made as comfortable as possible if he is to remain on the side line.
 - a. He should not lie on the ground or unpadded bench.
 - b. He should be covered to keep warm with blanket or coat, etc.
 - c. He should not be left unattended.
 - d. First aid should be applied as warranted.
4. If there is any question as to the nature and/or seriousness of the injury, it is the coach's responsibility to see that he is taken to a doctor. Call 911 if parents are not available.
5. If parents of the student are not in attendance, every effort will be made to contact them to inform them of the situation and to find out where they want the student taken. (If possible)
6. The coach shall file an accident report the next school day, on the injury and help the student to fill out an insurance claim.
7. The building principal shall be informed of all injuries and how they were dealt with. These reports will be kept on file.
8. AIDS Precautionary Measures
 - a. Do not allow athletes to share a water bottle.
 - b. Have a First-Aid box with Body Fluid Spill kit available. Follow Blood Spill procedures.

Any coach who fails to follow these guidelines could be relieved of his/her coaching assignment.